



Brydee *moore*

"See the athlete, not the disability"

Date of Birth: 1 May 1990 (age - 18)
Athletics Club: Frankston
VLAA Centre: Bayswater Bullets / Knox
Coach: John Eden
Event: Seated Throws - Shot Put, Discus & Javelin (Cerebral Palsy - F33)
Personal Best: 6.47m (Shot Put), 14.06m (Discus), 13.51m (Javelin)

This will be Brydee's first Paralympics. Brydee won this year's Nationals in Seated Shot Put, Discus and Javelin. She is a year 12 student and won two gold medals at the FESPIC Games in Kuala Lumpur 2006. Brydee has competed in a number of other wheelchair sports including rugby and basketball and has a green belt in karate.

Brydee hopes to break the world records in her classification for the Shot Put and Javelin in Beijing. Currently she is 3cm off the Shot Put record and 63cm away from the Javelin record.

The two people who have significantly helped Brydee have been her mum Donna and coach John Eden. She was also inspired by watching the Sydney Paralympics. The athletics clubs/centres that have been a great help to Brydee have been the Bayswater Bullets and Knox, however, as Brydee is the only seated thrower in Victoria, she has found it difficult and has had to travel interstate for competition.

Brydee's career highlights have been owning every Australian Shot, Discus and Javelin record for her classification from Under 12 to Open Age and also being ranked number 1 in the world and winning gold overseas.

Brydee was asked what advice she would like to pass on to young athletes starting their athletic careers and said "to keep trying even if you are not winning, as the enjoyment comes from participating". Another of Brydee's favourite quotes is "see the athlete, not the disability".

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